



# Christ Lincoln Child Care & Preschool

## Sumner Campus Menu

### January 3-14, 2022



|                                 | Breakfast                                  | Lunch  | Snack                             |
|---------------------------------|--|--|-----------------------------------|
| <b>January 3<br/>Monday</b>     | Corn Chex<br>Craisins<br>Milk              | WG Assorted Pizzas<br>Corn, Mixed Fruit, Milk            | WG Crackers<br>Milk               |
| <b>January 4<br/>Tuesday</b>    | WG Soft Pretzels<br>Fruit Cocktail<br>Milk | WG Chicken Strips<br>Refried Beans, Grapes, Milk         | String Cheese<br>100% Juice       |
| <b>January 5<br/>Wednesday</b>  | WG HM Bread<br>Peaches, Milk               | Spanish Rice w/Beef, Peas<br>Mandarin Oranges, Milk      | Boiled Egg<br>Milk                |
| <b>January 6<br/>Thursday</b>   | WG Assorted Cereal<br>Apples<br>Milk       | WG Chicken & Cheese Wrap<br>Carrots, Apples, Milk        | Applesauce<br>(SA Apples)<br>Milk |
| <b>January 7<br/>Friday</b>     | Non Fat Yogurt<br>Mixed Fruit<br>Milk      | WG Cheese Bread<br>Tomato Soup, Pears, Milk              | Manager's<br>Choice               |
| <b>January 10<br/>Monday</b>    | Cheerios<br>Applesauce<br>Milk             | Taco Joe On WG Bun<br>Green Beans, Peaches, Milk         | Cheese<br>Crackers<br>Milk        |
| <b>January 11<br/>Tuesday</b>   | WG Pancakes<br>Peaches<br>Milk             | Scalloped Potatoes & Ham<br>WG Muffin, Pineapple, Milk   | Raisin Bread<br>Milk              |
| <b>January 12<br/>Wednesday</b> | Oatmeal w/Craisins<br>Apricots<br>Milk     | Chicken Noodle Soup<br>Carrots, Saltines<br>Apples, Milk | WG Trail Mix<br>Milk              |
| <b>January 13<br/>Thursday</b>  | Corn Muffin<br>Pears<br>Milk               | WG Chicken & Cheese Quesadilla<br>Broccoli, Banana, Milk | Non Fat Yogurt<br>Milk            |
| <b>January 14<br/>Friday</b>    | All Bran<br>Mixed Fruit<br>Milk            | WG Fish, California Blend<br>Oranges, Milk               | Manager's<br>Choice               |



\* Menu Items May Change Due to Supply and Inventory

HM - Homemade WG - Whole Grain WW - Whole Wheat